

# Whakawhiti Matauranga o te Ao International Knowledge Exchange Échange International de Connaissances 国際知識交流



Join us for weekly presentations about  
Therapeutic Recreation on a Global Scale

February 2025  
Free Virtual Event

FOR MORE INFORMATION PLEASE EMAIL: [PRESIDENT@DIVERSIONALTHERAPY.NET.NZ](mailto:PRESIDENT@DIVERSIONALTHERAPY.NET.NZ)

# International Knowledge Exchange Summary

Recreation is a human right! Play is a powerful thing. For people dealing with a physical, social, spiritual, cognitive or emotional challenges, therapy in the form of recreation can be especially powerful. Engaging and meaningful activities can help rebuild skills, improve mood, boost quality of life, and strengthen social connections. Recreation enhances overall well-being, benefits people of all ages, cultural backgrounds, and different abilities.





We, the leaders of the main organisations in Japan, Australia, United States, Canada, New Zealand and the United Kingdom in charge of driving change in the culture of care using Recreational Therapy, Diversional Therapy or Activity provision have decided to come together one more time, to share our journey and our knowledge, to continue to raise awareness about the importance of the work we do.





Join us in February 2025 for weekly 1 Hr presentations and learn about therapeutic recreation across different countries.

## **Important Notes:**

- Sessions will be recorded
- Recording and slides will be shared at a later day by each organisation
- Format for all the presentations will be Zoom Webinar
- Format for the global panel will be a Zoom Meeting
- Spaces are limited to 500 participants on each day
- A Generic Certificate of attendance will be available for those attending the Live Sessions

For more information, please email [president@diversionaltherapy.net.nz](mailto:president@diversionaltherapy.net.nz)

Organisation	Host & Presenter Day & Time in the Host country	Day & Time (Other Countries)	Link to Register
American Therapeutic Recreation Association (ATRA) 	<b>Host:</b> Brent Wolfe <b>Presenter:</b> Heather Bright & Mary Jo Archambault  Monday 3rd February – USA 6:00PM – EST	Canada Mon, 3 Feb 2025 at 4:00 p.m. MST USA Mon, 3 Feb 2025 at 5:00 p.m. CST UK Mon, 3 Feb 2025 at 11:00 p.m. GMT Japan Tue, 4 Feb 2025 at 8:00 a.m. JST Australia Tue, 4 Feb 2025 at 10:00 a.m. AEDT NZ Tue, 4 Feb 2025 at 12:00 Noon NZDT	Registration Link is: <a href="https://uso2web.zoom.us/webinar/register/WN_2uOCWAYbRXy31Sl2DpFyoQ#/registration">https://uso2web.zoom.us/webinar/register/WN_2uOCWAYbRXy31Sl2DpFyoQ#/registration</a>
Canadian Therapeutic Recreation Association (CTRA) 	<b>Host:</b> Orquidea Tamayo Mortera <b>Presenter:</b> Glenn Skimming  Saturday 8 <sup>th</sup> February – Canada 3:30PM - MST	USA Sat, 8 Feb 2025 at 4:30 p.m. CST USA Sat, 8 Feb 2025 at 5:30 p.m. EST UK Sat, 8 Feb 2025 at 10:30 p.m. GMT Japan Sun, 9 Feb 2025 at 7:30 a.m. JST Australia Sun, 9 Feb 2025 at 9:30 a.m. AEDT NZ Sun, 9 Feb 2025 at 11:30 a.m. NZDT	Registration Link is: <a href="https://uso2web.zoom.us/webinar/register/WN_k17OSfrFQEyiyQTtRUyevA">https://uso2web.zoom.us/webinar/register/WN_k17OSfrFQEyiyQTtRUyevA</a>
National Association of Activity Professionals (NAAP) 	<b>Host:</b> Colleen Knudson <b>Presenter:</b> Nancy Richards  Monday 10 <sup>th</sup> February – USA 4:00PM - CST	Canada Mon, 10 Feb 2025 at 3:00 p.m. MST USA Mon, 10 Feb 2025 at 5:00 p.m. EST UK Mon, 10 Feb 2025 at 10:00 p.m. GMT Japan Tue, 11 Feb 2025 at 7:00 a.m. JST Australia Tue, 11 Feb 2025 at 9:00 a.m. AEDT NZ Tue, 11 Feb 2025 at 11:00 a.m. NZDT	Registration Link is: <a href="https://uso2web.zoom.us/webinar/register/WN_b1p8HlaTRP-_knMz-AK4tA">https://uso2web.zoom.us/webinar/register/WN_b1p8HlaTRP-_knMz-AK4tA</a>
National Activity Providers Association (NAPA) 	<b>Host:</b> Hillary Woodhead <b>Presenters:</b> Steve Gardner & Victoria James  Thursday 13 <sup>th</sup> February – UK 11:00AM - GMT	Canada Thu, 13 Feb 2025 at 4:00 a.m. MST USA Thu, 13 Feb 2025 at 5:00 a.m. CST USA Thu, 13 Feb 2025 at 6:00 a.m. EST Japan Thu, 13 Feb 2025 at 8:00 p.m. JST Australia Thu, 13 Feb 2025 at 10:00 p.m. AEDT NZ Fri, 14 Feb 2025 at 12:00 Midn NZDT	Registration Link is: <a href="https://uso2web.zoom.us/webinar/register/WN_Rr5x19PeRlq_koaKohK34Q">https://uso2web.zoom.us/webinar/register/WN_Rr5x19PeRlq_koaKohK34Q</a>

Organisation	Host & Presenter Day & Time in the Host country	Day & Time (Other Countries)	Link to Register
<p>Australian Recreational Therapy Association (ARTA)</p> 	<p><b>Host:</b> Charlise Bennett <b>Presenter:</b> Emma Preston</p> <p>Monday 17<sup>th</sup> February – AU 9:00AM - AEDT</p>	<p>Canada Sun, Feb 16, 2025, at 3:00 pm MST USA Sun, Feb 16, 2025, at 4:00 pm CST USA Sun, Feb 16, 2025, at 5:00 pm EST UK Sun, Feb 16, 2025, at 10:00 pm GMT Japan Mon, Feb 17, 2025, at 7:00 am JST NZ Mon, Feb 17, 2025, at 11:00 am NZDT</p>	<p>Registration Link is: <a href="https://uso2web.zoom.us/webinar/register/WN_OoTFg3pxSFiCRb9z4m4AkW">https://uso2web.zoom.us/webinar/register/WN_OoTFg3pxSFiCRb9z4m4AkW</a></p>
<p>New Zealand Society of Diversional and Recreational Therapy (NZSDRT)</p> 	<p><b>Host:</b> Orquidea Tamayo Mortera <b>Presenter:</b> Deepa Chetty</p> <p>Monday 24<sup>th</sup> February – NZ 11:00AM - NZDT</p>	<p>Canada Sun, 23 Feb 2025 at 3:00 pm MST USA Sun, 23 Feb 2025 at 4:00 pm CST EST Sun, 23 Feb 2025 at 5:00 pm EST UK Sun, 23 Feb 2025 at 10:00 pm GMT Japan Mon, 24 Feb 2025 at 7:00 a.m. JST AU Mon, 24 Feb 2025 at 9:00 a.m. AEDT</p>	<p>Registration Link is: <a href="https://uso2web.zoom.us/webinar/register/WN_KAFoiqYLSGqCgTyPrS4sNA">https://uso2web.zoom.us/webinar/register/WN_KAFoiqYLSGqCgTyPrS4sNA</a></p>
<p>Diversional Therapy Association of Japan (DTAJ)</p> 	<p><b>Host:</b> Takako Serizawa <b>Presenter:</b> Emiko Tanabe</p> <p>Thursday 27<sup>th</sup> February – JP 7:00AM - JST</p>	<p>Australia Thu, Feb 27, 2025, at 9:00 am AEDT NZ Thu, Feb 27, 2025, at 11:00 am NZDT UK Wed, Feb 26, 2025, at 10:00 pm GMT USA Wed, Feb 26, 2025, at 4:00 pm CST USA Wed, Feb 26, 2025, at 5:00 pm EST Canada Wed, Feb 26, 2025, at 3:00 pm MST</p>	<p>Registration Link is: <a href="https://uso2web.zoom.us/webinar/register/WN_D8gVDYsaRYWhWgcX_S7zNg">https://uso2web.zoom.us/webinar/register/WN_D8gVDYsaRYWhWgcX_S7zNg</a></p>
<p>Global Panel</p> 	<p><b>Global Organizations Representatives</b></p> <p>Friday 28<sup>th</sup> February &amp; Sunday 1<sup>st</sup> March</p>	<p>Canada Fri, 28 Feb 2025 at 4:00 p.m. MST USA Fri, 28 Feb 2025 at 5:00 p.m. CST UK Fri, 28 Feb 2025 at 11:00 p.m. GMT Japan Sat, 1 Mar 2025 at 8:00 a.m. JST Australia Sat, 1 Mar 2025 at 10:00 a.m. AEDT NZ Sat, 1 Mar 2025 at 12:00 Noon NZDT</p>	<p>Registration Link is: <a href="https://uso2web.zoom.us/meeting/register/tZcsfumvrDorHNyjUGrZeXjofCsi2kEA1w9">https://uso2web.zoom.us/meeting/register/tZcsfumvrDorHNyjUGrZeXjofCsi2kEA1w9</a></p>



# American Therapeutic Recreation Association (ATRA) Monday 3<sup>rd</sup> February at 6:00PM (EST)



**Host:** Brent Wolfe

**Topic:** The ATRA Standards of Practice

**Presenters:** Dr. Heather Bright and Mary Jo Archambault

**Dr. Bright** has worked as an instructor in Recreational Therapy at Slippery Rock University (SRU) since 2015. She graduated from SRU in 2005 with a bachelor's degree in Therapeutic Recreation. She completed her master's degree from East Carolina University and her doctorate from Clemson University. Research interests include clinical supervision and leadership, aquatic therapy, and interprofessional education. Prior to becoming an instructor, Heather worked in various clinical and community-based settings as a Certified Therapeutic Recreation Specialist (CTRS). Experience includes physical rehabilitation (brain injury, spinal cord injury, stroke, chronic pain, etc.), long-term care, adult day programs (programs for all-inclusive care for the elderly), and an accessible camp for children and adults with disability and chronic illness. As a professional member of the American Therapeutic Recreation Association, she is also the chair of the Standards of Practice committee. Heather enjoys walking, hiking, swimming, reading, yoga, music, and making time for family and friends. **Mary Jo** has been working in the field of Therapeutic Recreation for the past 20 years in a variety of capacities. She earned her associates with a concentration in Therapeutic Recreation and Disabilities from Manchester Community College. She earned her Bachelor's from Charter Oak State College where she concentrated on management. She earned her master's in Therapeutic Recreation from Southern Ct State University and has been teaching as an adjunct prior to her appointment.

## Days and times for this session in other countries:

Canada	Mon, 3 Feb 2025 at 4:00 pm MST
USA	Mon, 3 Feb 2025 at 5:00 pm CST
UK	Mon, 3 Feb 2025 at 11:00 pm GMT
Japan	Tue, 4 Feb 2025 at 8:00 am JST
Australia	Tue, 4 Feb 2025 at 10:00 am AEDT
NZ	Tue, 4 Feb 2025 at 12:00 Noon NZDT

Register in advance for this webinar [CLICK HERE](#)

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# Canadian Therapeutic Recreation Association (CTRA) Saturday 8<sup>th</sup> February at 3:30PM (MST)

**Host:** Orquidea Tamayo Mortera

**Topic:** The importance of Partnerships for Recreation Therapy Organisations

**Presenter:** Glenn Skimming (Past President for CTRA)

Glenn Skimming works as a Recreation Therapist in Edson and Hinton, Alberta coordinating two Adult Day Programs. He also supports clients living in a lodge setting in Edson by supporting and encouraging them to connect with their community. He is an active member of both his Provincial and National Recreation Therapy Organizations and considers being a Recreation Therapist an honor and continues to encourage individuals to make informed leisure choices. He was a Transit Operator for almost 24 years, and during this time went to the University of Alberta and Graduated with a Bachelors Degree in 2001. After Transit, Glenn had worked in Adult Day Programs, worked with Supportive Living and Long Term Care organizations. He has, and continues to work in the community building partnerships with community organizations for the clients he supports. He enjoys cooking, loves camping, and spending time with friends in the town where he lives. Glenn and his wife love talking about their 3 Grandchildren, and their house is full of loving pets that keeps him and his wife meaningfully engage.

## Days and times for this session in other countries:

USA	Sat, 8 Feb 2025 at 4:30 pm CST
USA	Sat, 8 Feb 2025 at 5:30 pm EST
UK	Sat, 8 Feb 2025 at 10:30 pm GMT
Japan	Sun, 9 Feb 2025 at 7:30 am JST
Australia	Sun, 9 Feb 2025 at 9:30 am AEDT
NZ	Sun, 9 Feb 2025 at 11:30 am NZDT

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Canadian Therapeutic Recreation Association  
Association Canadienne de Loisir Thérapeutique



# National Association of Activity Professionals (NAAP) Monday 10<sup>th</sup> February at 4:00PM (CST)



**Host:** Colleen Knudson

**Topic:** Living Well: Mental Health Through Therapeutic Activities

**Presenter:** Nancy Richards, ADC/EDU, Founder, Author & Possibility Maker Activity Pathways, LLC



Explore the unique strengths and desires of folks living with Mental Illness and how Activity Services support a person's wellness and recovery plan. Session shares, and demonstrates, field tested activities that are highly adaptable and achievable with the goal being to design a living environment which minimizes potential barriers to activity participation and cultivates protective factors for wellbeing. Nancy promotes the benefits of purpose, exploration and play, elements of human wellness. She support folks, ages 20-70, in an in-patient mental health and substance use disorder program at a small non-profit hospital in suburban Philadelphia. She is a graduate of Wesley College and Gwynedd Mercy University with emphasis in Gerontology, designs, and delivers products and speaks nationally, released her second sensory activity engagement workbook, That Makes Sense! Sensory Ideas to Refresh Life in 2021. Is a Past President for the Pennsylvania Activity Professional Association, volunteers on the Education Council for the National Association of Activity Professionals (NAAP), nationally NCCAP certified and ardent supporter and mentor for people seeking NCCAP certification.

## Days and times for this session in other countries:

Canada	Mon, 10 Feb 2025 at 3:00 p.m. MST
USA	Mon, 10 Feb 2025 at 5:00 p.m. EST
UK	Mon, 10 Feb 2025 at 10:00 p.m. GMT
Japan	Tue, 11 Feb 2025 at 7:00 a.m. JST
Australia	Tue, 11 Feb 2025 at 9:00 a.m. AEDT
NZ	Tue, 11 Feb 2025 at 11:00 a.m. NZDT

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## National Activity Providers Association (NAPA) Thursday 13<sup>th</sup> February at 11:00AM (GMT)

**Host:** Hillary Woodhead

**Topic:** Across the Pond! Virtual International Exchange Program in Senior Living Communities

**Presenter:** Steve Gardner & Victoria James



**Victoria James** is the Corporate Director of Programming for Phoenix Senior Living (USA). In her role, Victoria oversees 42 senior living communities in engagement and resident lifestyle and develops training content for cognitive support within communal settings. She has over twelve years of experience in the aging population with backgrounds in social work and occupational therapy, which have influenced her perspective on engagement being based on dignity and function. Victoria resides in southern Louisiana with her son, Porter. Her organization, Phoenix Senior Living, is based out of Roswell, Georgia and currently has 42 properties across 10 states. Nearly 3500 residents reside in the independent, assisted, and memory care neighbourhoods of PSL. **Steve Gardner** is a passionate wellbeing advocate at Country Court Care, which operates 47 care homes across the UK. Residing in Hull, Yorkshire, he has travelled across the country for 14 years within the care sector dedicating his time to enhancing the quality of life for residents through holistic wellbeing initiatives, addressing both physical and emotional health. A holistic approach to wellbeing has been central to his message, allowing him to influence and inspire others across the care sector. He has developed programs that deliver positive outcomes for individuals at all levels of ability which has reached thousands of older adults. He loves to harness knowledge from some of the best people in the sector to provide innovation and improve wellbeing for older adults across the country. His job as the Head of Training and wellbeing allows him to focus on all aspects of care and have a driven wellbeing focus.



### Days and times for this session in other countries:

Canada	Thu, 13 Feb 2025 at 4:00 a.m. MST
USA	Thu, 13 Feb 2025 at 5:00 a.m. CST
USA	Thu, 13 Feb 2025 at 6:00 a.m. EST
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Australia	Thu, 13 Feb 2025 at 10:00 p.m. AEDT
NZ	Fri, 14 Feb 2025 at 12:00 Midn NZDT

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# Australian Recreational Therapy Association (ARTA)

## Monday 17<sup>th</sup> February at 9:00AM (AU)

**Host:** Charlise Bennett

**Topic:** Living Well: Mental Health Through Therapeutic Activities

**Presenter:** Emma Preston

Emma Preston has been a Diversional Therapist for almost 21 yrs. Currently has a position on the Australian Recreational Therapy Association Board. She has a Bachelor of Applied Science – Diversional Therapy and Master in Health Management – Aged Care both from WSU (previously UWS). Post Graduate Certificate in Education Studies (UTAS). She has an extensive work background across three states in Australia and across the entire lifespan 0 - 103 years of age. Emma has experience in Aged Care (Day Centre, Hostel, Residential Living), Mental Health (Child and Adolescent, Sub Acute Youth and Adult), Corrective Services (Regional Prison in the outback in a mixed gender prison ranging from minimum to maximum prisoners working in the Women's wing), Disability, GP Networks, Event Management and Education. She has an interest in education along with health as she believes we always need to continue to learn to maintain our best practice with industry and look towards our future focus.

### Days and times for this session in other countries:

Canada	Sun, Feb 16, 2025, at 3:00 pm MST
USA	Sun, Feb 16, 2025, at 4:00 pm CST
USA	Sun, Feb 16, 2025, at 5:00 pm EST
UK	Sun, Feb 16, 2025, at 10:00 pm GMT
Japan	Mon, Feb 17, 2025, at 7:00 am JST
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# New Zealand Society of Diversional and Recreational Therapy Inc. (NZSDRT Inc.) Monday 24<sup>th</sup> February at 11:00AM (NZ)



**Host:** AJ Aledron

**Topic:** The Proven Benefits of Diversional and Recreational Therapy in a Public Hospital in Aotearoa

**Presenter:** Deepa Chetty

Deepa Chetty is a Registered Diversional and Recreational Therapist currently working as an Activities Coordinator at the inpatient wards for Older Adults, Rehabilitation and Allied Health at Kenepuru Hospital. Since the inception of her role in the public hospital professionals and the public in general have become more appreciative of the changes the profession brings in such a setting. Deepa is the lead contact person and president for Wellington Area Diversional and Recreational Therapist support group, and has years of experience working in health care facilities, community team for allied health and on various inpatient wards. Deepa has a Bachelor's Degree in Health Science, her National Certification in DRTh, and has done further studies in the area of public health and rehabilitation with Massey University. She is currently pursuing her Masters in Public Health.

## Days and times for this session in other countries:

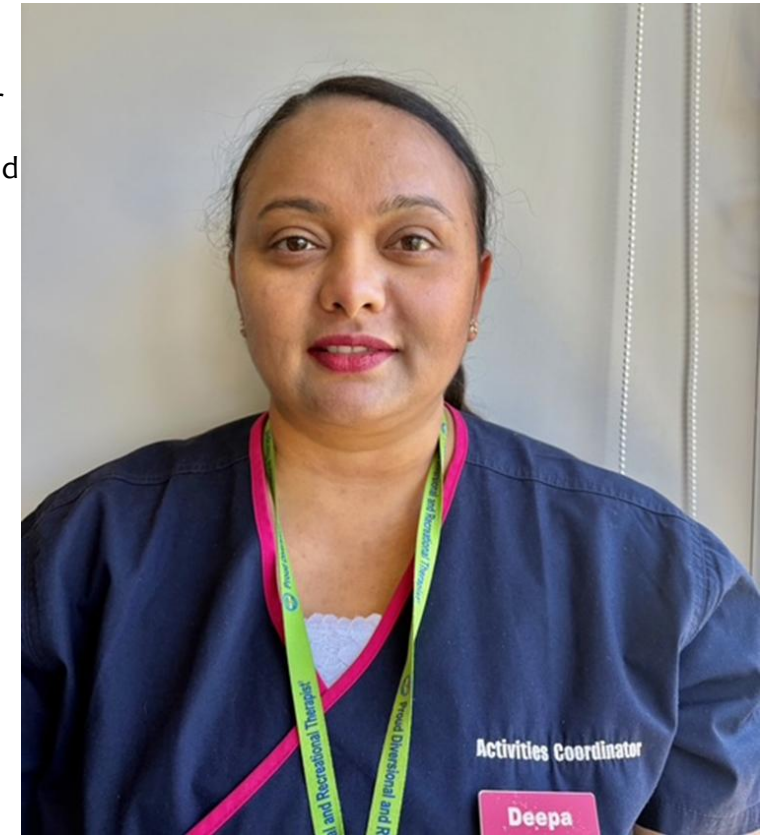
Canada	Sun, 23 Feb 2025 at 3:00 pm MST
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# **Diversional Therapy Association of Japan (DTAJ)**

## **Thursday 27<sup>th</sup> February at 7:00AM (JP)**

**Host:** Takako Serizawa

**Topic:** Our joys and challenges in rooting Diversional Therapy in Japan

**Presenter:** Emiko Tanabe

Emiko worked as a registered nurse for 45 years, and presented many studies. At the age of 50, in order to enjoy a second life, she moved from working in a hospital to an aged care facility as a nursing supervisor. This is where she found Diversional Therapy (DT). It was the moment Emiko found the 'nursing and care' that she had always held deep in her heart. Emiko became head of the aged care residential facility 'Zushi Morino-Sato' eight years ago. As a top leader and good supporter of the staff, she is strongly committed to the promotion of Diversional Therapy in her facility. Emiko lives near the sea with her loving partner and two elderly dogs, and enjoys driving around in her pink car and having a delicious drink (SAKE) every day. She sometimes serves her signature dish to staff as a packed lunch.

### **Days and times for this session in other countries:**

Australia	Thu, Feb 27, 2025, at 9:00 am AEDT
NZ	Thu, Feb 27, 2025, at 11:00 am NZDT
UK	Wed, Feb 26, 2025, at 10:00 pm GMT
USA	Wed, Feb 26, 2025, at 4:00 pm CST
USA	Wed, Feb 26, 2025, at 5:00 pm EST
Canada	Wed, Feb 26, 2025, at 3:00 pm MST

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# **A Global Panel: Therapeutic Recreation on a Global Scale, an open discussion by Leaders from NAPA, NAAP, ATRA, CTRA, DTAJ, ARTA, NZSDRT. Friday 28<sup>th</sup> February at 6:00PM (EST)**

The format for this session will be Zoom Meeting. Please remain on Mute unless you are asking a question or making a comment but ensure to have Camera and Mic available to interact with the presenters.

This panel is an opportunity for people:

- 1) To ask questions to all presenters about the possibilities and opportunities across countries
- 2) To share your ideas
- 3) To provide feedback
- 4) To meet like minded people like you
- 5) To join a special group of recreation professionals from across the globe
- 6) To learn more
- 7) To enhance curiosity

## **Days and times for this session:**

Canada	Fri, 28 Feb 2025 at 4:00 p.m. MST
USA	Fri, 28 Feb 2025 at 5:00 p.m. CST
UK	Fri, 28 Feb 2025 at 11:00 p.m. GMT
Japan	Sat, 1 Mar 2025 at 8:00 a.m. JST
Australia	Sat, 1 Mar 2025 at 10:00 a.m. AEDT
NZ	Sat, 1 Mar 2025 at 12:00 Noon NZDT

Register in advance for this meeting [CLICK HERE](https://us02web.zoom.us/j/81111111111)

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